

Shasta Health Assessment and Redesign Collaborative (SHARC)

Data Factsheet

Behavioral Health and Substance Abuse Prevention Committee

Indicator	FY 2013-14 Data
Estimates of Need for Mental Health Services in Shasta County (SMI population)	
<ul style="list-style-type: none"> • Prevalence rate of Serious Mental Illness (SMI) diagnosis for the adult population (18+) is 5.25% or estimated at 7,332 adults. • More than half of this estimated population (58%) are under 200% FPL. • A second estimate using a broader definition of SMI for all ages was calculated and estimates 26,022 SMI individuals (all ages) 	7,332 estimated adult SMI population
<ul style="list-style-type: none"> • Prevalence rate of Serious Emotional Disturbance (SED) for the youth population (0-17) is 7.7% or estimated at 3,194 kids. • Estimated that 52% of this population are under 200% FPL. 	3,194 estimated youth SED population
Adult Outpatient Mental Health (Shasta County HHSA)	
<ul style="list-style-type: none"> • The number of adults receiving services annually in Shasta County is 3,039 (EQRO Report, Medi-Cal approved claims). • Small increase of 3% in average monthly unduplicated client count from FY11-12 to FY13-14 (March YTD). <ul style="list-style-type: none"> ○ Unduplicated client counts by age group show some variations: <ul style="list-style-type: none"> ▪ 21-24: Increase of 22% ▪ 40-49: Decrease of 8% ▪ 60+: Increase of 15% • Overall the count of services provided increased by 18% between FY12-13 and FY2013-14 (March YTD) 	3,039 clients served annually
Youth Outpatient Mental Health (Shasta County HHSA)	
<ul style="list-style-type: none"> • Increase of 13% in average unduplicated client count from FY12-13 to FY13-14 (March YTD) for 0-17 age range and 10% for the 18-20 age range. <ul style="list-style-type: none"> ○ The 13-14 age range had the highest growth in number of clients at 16% and the 10-12 age range the least increase with 8%. • Units of service increased by 16% between FY12-13 and FY2013-14 (March YTD) however this represents only a 4% increase when comparing to FY11-12. 	916 monthly unduplicated clients
Psychiatric Hospitalization	
<ul style="list-style-type: none"> • Psychiatric inpatient hospitalizations increased dramatically beginning May 2012 and remains elevated, with more recent downward trends. 	822 urgent care psychiatric

<ul style="list-style-type: none"> • Comparison of Q4 for FY13-14 to FY12-13 shows overall decrease of 24%. • The age group 26-59 continues to have the highest hospitalizations (63%). • Medi-Cal clients make up 62% of discharges. • Increase of 8% in psychiatric inpatient admits over previous year. • Highest number of admits seem to occur in summer months. • The average length of stay has decreased 10% from the previous three years. <p>Note: Inpatient facility types included are Psychiatric Health Facility (PHF), Acute Psychiatric Hospital, General Acute Care Hospital, and Chemical Dependency Recovery Hospital. Excludes Institutes for Mental Disease (IMD).</p>	<p>inpatient admits</p> <p>69 monthly discharges</p>
<p>Emergency Room/Medical Floor Contacts or Evaluations</p>	
<ul style="list-style-type: none"> • The total count of ER evaluations or Medical Floor contacts has increased 23% from FY11-12. • Of the 1,880 contacts, 36% are admitted to Psychiatric Inpatient and 59% are released, and 5% to other locations. 	<p>1,880 contacts</p>
<p>Estimates of Need for Alcohol or Drug Services in Shasta County</p>	
<ul style="list-style-type: none"> • Estimated total adult population (18+) with an Alcohol or Drug Use diagnosis is 14,373 or 9.3% of the total population. • Estimated that 39% of this population are under 200% FPL. 	<p>14,373 estimated adult need AOD services</p>
<ul style="list-style-type: none"> • Estimated total youth population (12-17) with an Alcohol or Drug use diagnosis is 1,494 or 9.86% of the population. • Estimated that 41% of this population are under 200% FPL. 	<p>1,494 estimated youth need AOD services</p>
<p>Outpatient Drug and Alcohol Admissions</p>	
<ul style="list-style-type: none"> • Monthly number of program admissions went from an average 128 per month in FY2006-07 to a low of 82 in FY 2009-10. • Now seeing an increasing trend at an average of 106 admissions per month in FY2013-14. • Increase is primarily attributed to those entering through Individual referral (account for 56% of the FY13-14 admissions). • Admissions via Criminal Justice avenues have decreased from 72 per month in FY2006-07 to 27 per month in FY2013-14 (25%). • Other referral sources, including health care providers accounted for 6% of admissions in FY13-14. • Shasta County's rate of admissions to alcohol and other drug treatment services was 1216.90 per 100,000 in 2008; this was more than double the state rate (591.63). • Hospitalizations due to alcohol and drug-related causes occurred at a rate of 292.38 per 100,000 population in 2007 (state rate: 205.44). 	<p>106 admissions per month</p>