Key Insights into Asian American and Pacific Islander Californians

CONDUCTED FOR BLUE SHIELD OF CALIFORNIA FOUNDATION
PREPARED BY PERRYUNDEM
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Among n = 428 AAPI adults

- **90%**
  Think racism has increased (62%) or stayed (28%) in the last few years.

- **60%**
  Think systems in our society, such as housing, health care, business, banking and the government give white people more opportunities than people of color.

- **54%**
  Think it is a bad time to be an Asian woman in America, and 53% think the same about being an Asian man in America.

- **25%**
  Think it is more acceptable now to treat people of color with less respect. US born adults (31%) are more likely to feel this way than foreign born adults (17%).

- **22%**
  Do not personally feel accepted as an equal and valuable member of our society.
Among n = 428 AAPI adults

- **92%** Say the COVID-19 pandemic has had a major (38%) or minor (54%) effect on them and their families.
- **72%** Say they have felt isolated from others since the COVID-19 pandemic started.
- **64%** Say they have felt trapped in their homes since the COVID-19 pandemic started.
- **55%** Say they have felt unsafe since the COVID-19 pandemic started.
- **41%** Say they have felt depressed since the COVID-19 pandemic started.
Among n = 428 AAPI adults

90% Say domestic violence is a serious problem in our society right now.
85% Think the pandemic and the stay-at home orders in California have made domestic violence incidents more likely to occur.
80% Say alcohol or drug addiction is a major cause of domestic violence.
79% Support alternatives to jail for people who cause domestic violence.
73% Say the COVID-19 pandemic and stay-at-home orders in California have made it harder for people experiencing domestic violence to reach out for help.
70% Say police would “help the situation” if they were assaulted by a partner or spouse. 15% say police would “make the situation worse,” 12% say they would not go to the police.
69% Say one partner feeling the need to dominate and control the other partner is a major cause of domestic violence. 77% of women feel this way.
65% Say mental health challenges are a major cause of domestic violence.